

Antioch Community Center

5023 Blue Hole Rd, Antioch, TN 37013 615-315-9363

<p>Gymnasium Special Needs/Senior Activities</p>	<p>Monday Hours: 12:00pm-8:30pm</p>	<p>Tuesday Hours: 12:00pm-8:30pm</p>	<p>Wednesday Hours: 11:00am-8:30pm</p>	<p>Thursday Hours: 10:00am-8:30pm</p>	<p>Friday Hours: 11:00am-7:30pm</p>	<p>Saturday/Sunday Closed</p>
<p>Fall 2016 Program Schedule</p> <p><u>Program Coordinator</u> Karen Soley</p> <p><u>Recreation Leaders</u></p>	<p>10:00am-1:00pm Senior Card Games</p> <p>12:00pm-3:00pm Adult Open Gym (Gym)</p> <p>6:00pm-8:00pm 15yrs and older Open Gym (Gym)</p>	<p>12:00pm-3:00pm Adult Open Gym (Gym)</p> <p>6:00pm-8:00pm 15yrs and older Open Gym (Gym)</p>	<p>10:00am-12:00pm Special Needs Exercise (Gym)</p> <p>12:00pm-3:00pm Adult Open Gym (Gym)</p> <p>6:00pm-8:00pm Adult Recreational Volleyball (Gym)</p>	<p>10:00am-10:45am Senior Exercise (Gym)</p> <p>11:00am-12:30pm Senior Bingo (Clubroom 2)</p> <p>11:00-12:30 Senior Book Club 2nd and 4th Weeks of the Month (Clubroom 1)</p> <p>12:00pm-3:00pm Adult Open Gym (Gym)</p> <p>6:00pm-8:00pm 15yrs and older Open Gym (Gym)</p>	<p>10:00am-12:00pm Special Needs Exercise (Gym)</p> <p>12:00pm-3:00pm Adult Open Gym (Gym)</p> <p>6:00pm-7:00pm 15yrs and older Open Gym (Gym)</p>	

SUBJECT TO CHANGE