

BEHAVIORAL HEALTH AND WELLNESS

Division Updates and Highlights to the Board of Health
January 11, 2024



Behavioral Health and Wellness

- Grant Program Management; Community Safety
 - Opioid Care Process RFP Pilot Update
 - Program Updates
 - HSRI Behavioral Health Assessment
 - Questions and Answers.
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Grant Program Management Updates



- **High Impact Area (HIA)**
 - a) successes: Grant was refunded for the next five years and started in September 2023 and is expected to be in 1-year increments.
- **Department of Justice (DOJ) Overdose Prevention/Intervention**
 - a) successes: A no cost extension was awarded which extends the grant until September 2024.
 - b) workplan has been amended and deliverables are attainable before the end of the contract to include reconvening a Fatality Review Panel.
- **DOJ – Community Violence Intervention Prevention Team Initiative**
 - a) grant awarded through the Mayor’s Office to prevent violence for 18–24-year-old victims or perpetrators.
 - b) expected outcome of the grant is to create a safer, vibrant and more inclusive community for all residence where violence is prevented, justice can be sought, and public safety is promoted.
- **NACCHO – COPE**
 - a) survey has been translated to include Egyptian Arabic and has been initiated in the community to gather data on knowledge of opioids and available resources.
 - b) efforts continue to reduce stigma by providing the community with educational series.

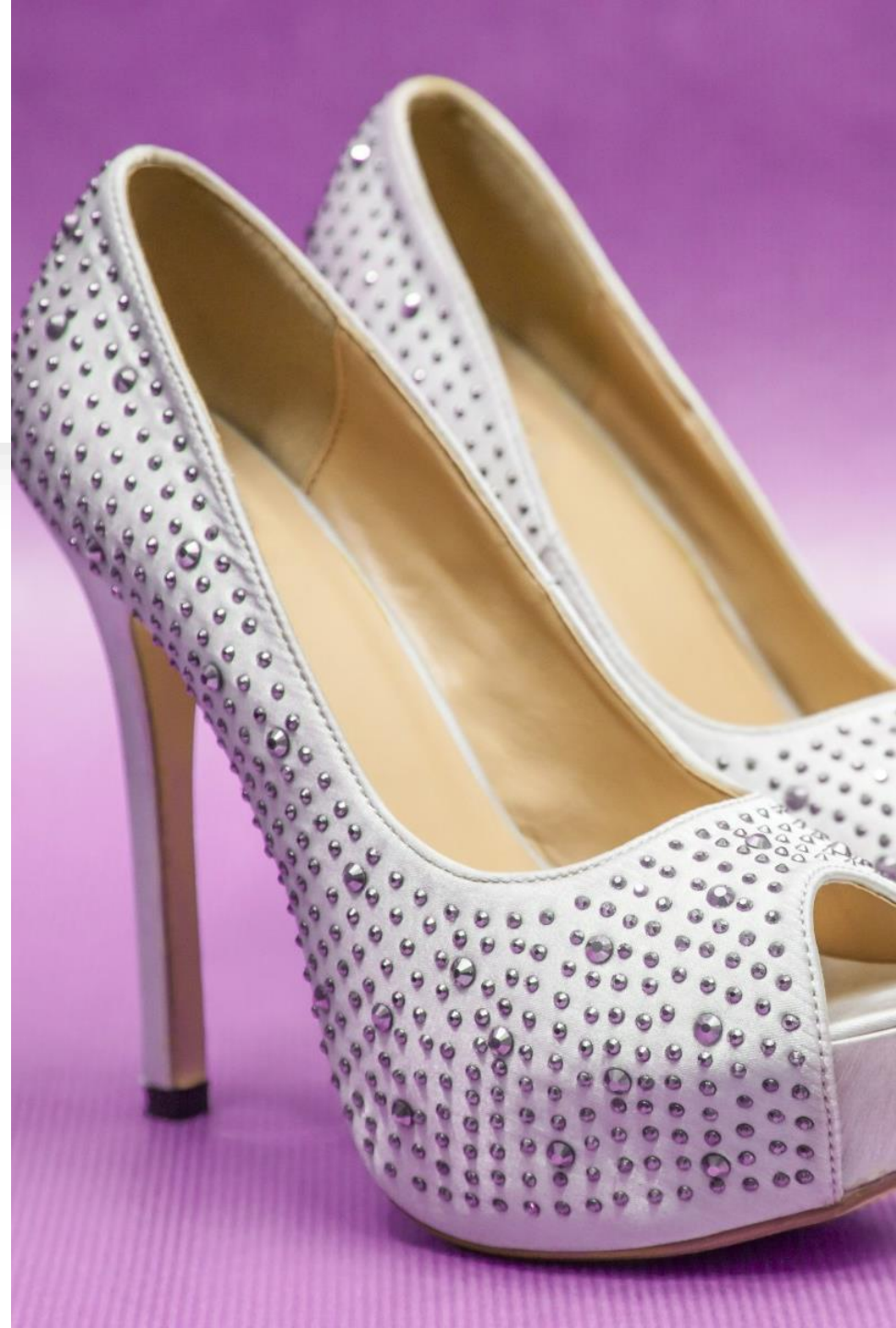
Opioid Care Process RFP Pilot Update

- ❖ RFP is currently open for bid.
- ❖ Pre-bid session held on January 9, 2024.
- ❖ Public comment closes on January 16, 2024.
- ❖ It closes at 11:59pm on February 13, 2024.
- ❖ Anticipated Project Implementation: July 2024



BHW Program Updates (July 2023 – December 2023)

- Events attended or convened by our division, are a collaboration with our partners in the community, local churches, and businesses.
- Listening sessions continue to be conducted to provide a community voice in the work being done.
- Presentations on Behavioral Health Topics are continuing internally and externally.
- QPR Suicide Prevention Awareness Trainings are conducted internally and externally.
- ROPS Trainings have been conducted in the community to bring awareness to overdose prevention and intervention.
- A survey has been developed and initiated.



HSRI Presentation

Behavioral Health System Analysis



Davidson County Behavioral Health System Analysis

December 11, 2023

Today's Presentation

- About the Project
- Recommendations

Project Overview

Purpose

In 2022, the MPHD-BHW* engaged HSRI to assess the county's behavioral health system and make recommendations for improvements.

What is a “behavioral health system”?



- Services and programs that promote wellness and provide prevention, treatment, and recovery support



- Integrated system of government departments, community partners, collaborations, community resources, and funding networks

Research Questions

1. What are the community needs when it comes to behavioral health?
2. What are the current resources that meet the needs?
3. Where are there gaps between community needs and available resources?
4. How can the system be improved to close the gaps?

*Metropolitan Government of Nashville and Davidson County Public Health Department Behavioral Health and Wellness

Findings at a Glance

Existing resources are not maximized; **access barriers** are common.



Transitioning to a **proactive** and **trauma-informed** system is needed.



Workforce shortages hamper system performance.



Community networks provide powerful mutual aid, but **professionalized peer support** should be strengthened.



Recommendations

- 1. Obtain resources needed to assume a coordinating role to promote population behavioral health and wellness in Metro Nashville.***
- 2. Develop and implement community education strategy to raise awareness of existing services and programs.***
- 3. Elevate prevention, harm reduction, and trauma-informed approaches as priorities of the behavioral health system.***
- 4. Ensure Davidson County behavioral health providers benefit from workforce improvement initiatives.***
- 5. Implement strategies to expand access to culturally and linguistically responsive services.***

- 6. *Implement strategies to strengthen peer support in community.***
- 7. *Expand access to case management for people and families who are multi-system involved; and develop more robust system navigation supports.***
- 8. *Implement strategies to eliminate the practice of emergency department (ED) boarding of children and youth.***
- 9. *Develop voluntary, low-barrier supports for people in distress.***
- 10. *Engage people with lived experience in underserved communities to identify needs and solutions to systemic issues.***
- 11. *Establish a process for system performance monitoring and data-driven decision making.***

1

*Primary recommendation:
Obtain resources needed to
assume a coordinating role
to promote population
behavioral health and
wellness in Metro Nashville.*

***“Unless someone’s really tasked with this
and there’s funding, it’s just a
discussion.”***

— *Community Provider*

- MPHD is well-positioned—but not yet resourced—to provide leadership in population behavioral health.
- Establish a process for system performance monitoring and data-driven decision making.
- Engage people with lived experience to identify needs and solutions to systemic issues.

2 *Elevate prevention, harm reduction, and trauma-informed approaches as priorities of the behavioral health system.*

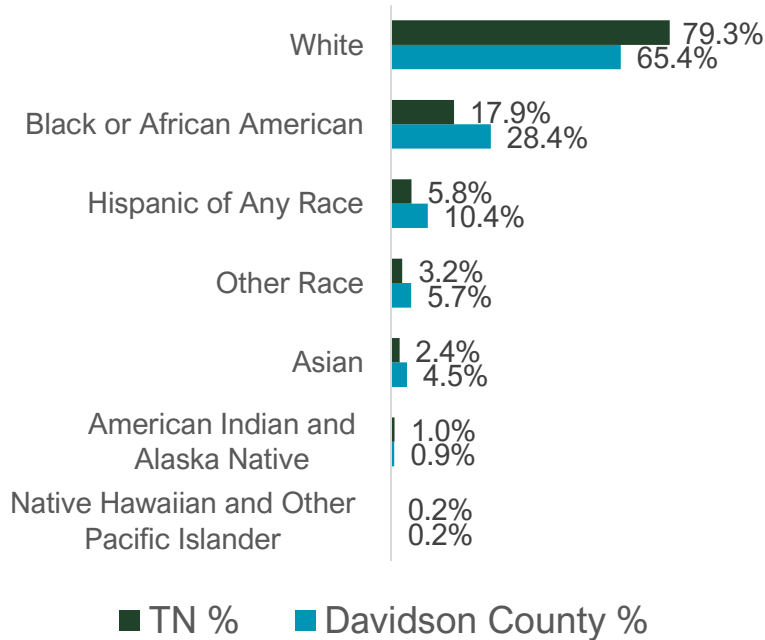
What

- Develop metrics and assessment tools to establish a trauma-informed behavioral health system
- Continue the work of the ACE Nashville
- Support community awareness of trauma and trauma-informed approaches
- Facilitate sharing of best practices across community partners
- Support efforts to build accountability to trauma-informed and harm-reduction approaches

Why

- Prevention is underinvested relative to treatment
- The system is not yet trauma-informed, though there are pockets of excellence, such as ACE Nashville
- Providers called for a shift from an emphasis on incarceration and punishment to treatment and support

3 *Implement strategies to expand access to culturally and linguistically responsive services.*



- Davidson County is culturally diverse
- People of color face compounded barriers, discrimination, and structural inequities
- 13% of residents born outside the U.S.
- 1 in 10 speaks English less than “very well”
- Data show LGBTQIA+ youth and adults have high rates of poor mental health
- Need for service providers to reflect the population being served

Source: U.S. Census Bureau. (2021). 2017-2021 American Community Survey (ACS) 5-Year Estimates.

4 *Establish a process for system performance monitoring and data-driven decision making.*

What

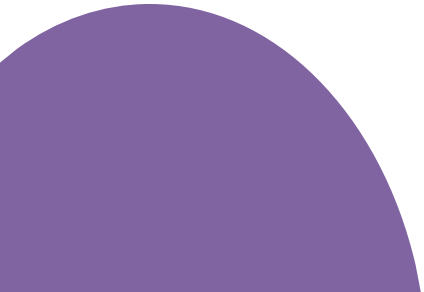
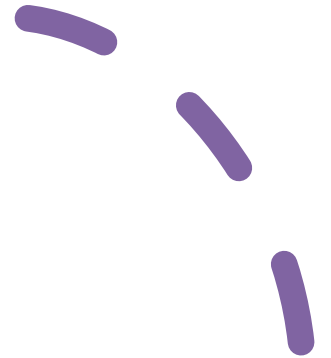
- Inventory existing data sources and identify gaps and barriers.
- Facilitate data sharing across providers, other system partners, and the state.
- Develop a system monitoring strategy that incorporates available qualitative and quantitative data.

Why

- There is no local entity that monitors data on system capacity, performance, and equity.
- Many local providers collect data to funders but no centralized systems data.



We invite you to use the following QR Code to engage with *Behavioral Health and Wellness*. You will find the information very helpful.



The Behavioral Health and Wellness Division is dedicated to stepping up to the task of Protecting, Improving and Sustaining Health in our community.

Thank you!



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QUESTIONS?
COMMENTS?

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