



Madison Regional Community Center Spring 2024 (Starts Jan.25)

550 N.Dupont Ave. Madison, TN 37115

	Monday Hours: 6:00am-8:30pm	Tuesday Hours: 6:00am-8:30pm	Wednesday Hours: 6:00am-8:30pm	Thursday Hours: 6:00am-8:30pm	Friday Hours: 6:00am-7:30pm	Saturday Hours: 8:00am-4:00pm
Facility Coordinator Anita Gregory-Smith Program Coordinator Felissa Reese Recreation Leaders Chris Fisher Aaron Donaldson-Stevens Demetria Harris Dominique Hyde Kameron Donaldson The Mission of Metro Board of Parks and Recreation To provide every citizen of Nashville and Davidson County with and equal opportunity for safe recreational and cultural activities within a network of parks and greenways that preserves and protects the region's natural resources. Metro Parks does not discriminate on basis of age, race, color, national origin, religion or disability in admission to, access to or operations of its programs, services or activities.  <div>When school is not in session the hours will be 9:00am-4:00pm for elementary and middle school. High School hours will be from 4:00pm-6:00pm. The gymnasium and game room will be closed to adults during these times.</div>	Indoor Track & Fitness Center 6:00am-8:15pm <div>Adult Open Gym (Ages 19+) 6:00am-1:00pm</div> <div>Senior Body Pump 9:00am-10:00am w/Felissa</div> <div>disABILITIES Program 8:30am-3:00pm</div> <div>After School Program 3:00PM-6:00pm GYM CLOSED 2:00pm-6:00pm</div> <div>Teen open gym 2:00pm-3:00pm</div> <div>Praise Dance Team Practice 4:15pm-5:15pm Ages 7-14</div> <div>Comic Book Club w/Mr.Dom 5:00pm-6:00pm Feb.5th</div> <div>Adult Open Gym (Ages 19+) 6:00pm-8:00pm Dance it Out w/D 7:00pm-8:00pm Start March 18th</div>	Indoor Track & Fitness Center 6:00am-8:15pm <div>Adult Open Gym (Ages 19+) 6:00am-7:00am 12:30pm-2:00pm</div> <div>Badminton 7:00am-10:00am</div> <div>Pickleball 10:00am-12:30pm</div> <div>After School Program 3:00PM-6:00pm GYM CLOSED 2:00pm-6:00pm</div> <div>Teen Open Gym 2:00pm-3:00pm</div> <div>Step Team Practice 4:30pm-6:30pm Ages 9-16</div> <div>Mr.Dom's Arts & Craft 5:00pm-6:00pm Starts Feb.6th</div> <div>Line Dancing (Ages 18+) 6:00pm-7:00pm Starts Feb.6th w/Felissa</div> <div>Volleyball Teens/Adults Gym 6:00pm-8:00pm</div>	Indoor Track & Fitness Center 6:00am-8:15pm <div>Adult Open Gym (Ages 19+) 6:00am-10:30am 12:00pm-2:00pm</div> <div>Tot Time 10:00am-11:00am Ages 5 & Under w/parent</div> <div>disABILITIES Program 8:30am-3:00pm</div> <div>Basketball Practice 11:00am-12:00pm Ends March 27th</div> <div>After School Program 3:00PM-6:00pm GYM CLOSED</div> <div>Praise Dance Team Practice 4:15pm-5:15pm Ages 7-14</div> <div>Girl Scouts 5:00pm-6:00pm</div> <div>Adult Open Gym (Ages 19+) 6:00pm-8:00pm</div> <div>Instagram: @madison_community_center www.nashville.gov FB: Madison Regional Center</div> 	Indoor Track & Fitness Center 6:00am-8:15pm <div>Adult Open Gym (Ages 19+) 6:00am-2:00pm</div> <div>After School Program 3:00pm-6:00pm Gym closed 2:00-6:00pm</div> <div>Teen Open Gym 2:00pm-3:00pm</div> <div>Step Team Practice 4:30pm-6:30pm Ages 9-16</div> <div>Cub Scouts 5:00pm-6:30pm 1st of the moth</div> <div>Science Club w/Mr.Kam 5:00pm-6:00pm</div> <div>Pickleball 6:00pm-8:00pm ½ Gym</div> <div>Line Dancing (Ages 18+) 6:00pm-7:00pm Starts Feb.6th w/Felissa</div> <div>Boot Camp 6:00pm-7:00pm Starts March 19 w/D \$4 ½ Gym</div>	Indoor Track & Fitness Center 6:00am-7:15pm <div>Adult Open Gym (Ages 19+) 10:00am-2:00pm (closed 8:15am-9:15am)</div> <div>Badminton 6:30am-10:00am</div> <div>Senior Body Pump 9:00am-10:00am w/Felissa</div> <div>After School Program 3:00PM-6:00pm GYM CLOSED 2:00-5:30pm</div> <div>Praise Dance Team Practice 4:15pm-5:15pm Ages 7-14</div> <div>Family Open Gym (Families w/Children ages 14 & under) 6:00pm-7:15pm</div>	Indoor Track & Fitness Center 8:00am-3:45pm <div>Family Open Gym 8:00am-12:00am</div> <div>Pickleball 12:30pm-3:30pm</div> <div>Table Games</div> <div>Movie Matinee 12:30-3:30pm Every 4th Saturday</div> <div>Zumba w/Janet 8:15am-9:15am (\$4)</div> <div>Membership Fees: Daily Pass Adult \$3.00 Discounted Rate \$1.50 10 Visit Gym Pass Adult \$20.00 Discounted Rate \$10.00 (fitness classes NOT included) Monthly Pass Adult \$30.00 Discounted Rate \$20.00 (fitness classes NOT included) Fitness Class \$4.00 10 Pass Class Card \$40.00 Discount Applies to: Teens 13-17, Seniors 62+, Metro Employees, Military Personnel, Disabled, and College Students *Must Present Valid I.D.</div>

We are available for parties, meetings, dinners, reunions, and more. For information on reserving space, stop by or contact us at (615) 862-8459.