Hadley Park Regional Community Center

1037 28th Avenue N. Nashville, TN 37208 (615)862-8451

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Hours: 6:00am-8:30pm	Hours: 6:00am-8:30pm	Hours: 6:00am-8:30pm	Hours: 6:00am-8:30pm	Hours: 6:00am-7:30pm	Hours: 8:00am – 4:00pm
Summer 2024 Program Schedule Sunday Closed Facility Coordinator Channoty Robinson Program Coordinator Kenneth Beard Aquatics Coordinator *Sabrina Williams Sr. Recreation Leader Leslie Patterson Recreation Leaders Tameka Harris Maurice Goodner Jaleana New Lisa Abell Ariya Southern Jaylen Mahone Seasonal Staff Joel Haley Tytionna Vaughn	6:00am – 8:30pm Walking Track Fitness Center (\$) 8:00am – 4:30pm Senior Program 10:00am – 4:00pm Summer Camp 4:15pm – 5:15pm Family Open Gym 5:30pm – 6:30pm Line Dancing 6:45pm – 8:15pm Adult Open Gym	6:00am – 8:30pm Walking Track Fitness Center (\$) 8:00am – 4:30pm Senior Program 10:00am – 4:00pm Summer Camp 10:00am-11:00am Senior Line Dancing 4:30pm-6:00pm Teen Basketball 6:00pm – 7:30pm Basketball Practice Walking Track 6:00pm – 4:00pm Teen Dancing 4:30pm-6:00pm Teen Basketball 6:00pm – 7:30pm Basketball Practice Walking Track 10:00am – 4:00pm Summer Camp 10:00am-11:00am Senior Line Dancing 4:30pm-6:00pm Teen Basketball 6:00pm – 7:30pm Basketball Practice	6:00am – 8:30pm Walking Track Fitness Center (\$) 8:00am – 4:30pm Senior Program 10:00am – 4:00pm Summer Camp 4:15pm-5:15pm Teen Time 5:30pm – 6:30pm Line Dancing 6:45pm – 8:15pm Adult Open Gym © Instagram @ Hadley Park Regional Center Teens/Senior/Military \$150	6:00am – 8:30pm Walking Track Fitness Center (\$) 8:00am – 4:30pm Senior Program 10:00am – 4:00pm Summer Camp 10:00am-11:00am Senior Line Dancing 6:00pm – 8:00pm Craft Basketball 6:15pm-8:15pm Adult Pickleball Fitness Class Fee \$4.00 10 Pass Fit Card \$40.00 Seniors age 62	6:00am – 7:30pm Walking Track Fitness Center (\$) 8:00am – 4:30pm Senior Program 10:00am-4:00pm Summer Camp 5:30pm – 6:30pm Skate Night 5:00pm – 7:00pm Spades & Dominoes 6:00pm – 7:00pm (\$) Dance Fit w/Princecilla Adult Daily Pass \$3.00 Teens/Senior/Military \$1.50 10 Visit Pass Adult \$20.00 Teens/Senior/Military \$10.00	8:00am - 4:00pm 9:00am - 10:00am (\$) Body Sculpting w/Myron 10:00am - 11:00am 1st & 3rd Saturdays (\$) Dance Fit w/Princecilla 9:00am - 11:00am Family Pickleball Story Time 11:30am - 12:15pm Ages 3 - 5 11:30am - 1:30pm Family Volleyball 2:00pm - 3:45pm Adult Open Gym Monthly Pass Adult \$30.00 Teens/Senior/Military \$20.00

We are available for Birthday Parties, Family Dinners, Reunions, Community Meeting and more For information on reserving space contact a staff member at the listed number or just drop in.

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METRO AQUATICS	Monday Hours: 7:30am-7:00pm	Tuesday Hours: 7:30am-3:30pm	Wednesday Hours: 7:30am-7:00pm	Thursday Hours: 7:30am-3:30pm	Friday Hours: 7:30am-7:00pm	Saturday Hours: 8:00am – 12:00pm
Summer 2024 Program Scheduled AQUATICS (Schedule Subject to change) Sunday Closed Facility Coordinator Channoty Robinson Program Coordinator Kenneth Beard	7:30am – 8:30am Water Walking 9:00am –10:00am Senior Water Aerobics 10:30am -12:00pm Open Swim	7:30am - 8:30am Lap Swim (3 lap lane) 9:00am – 10:00am Water Walking 10:30am -12:00pm Open Swim	7:30am – 8:30am Water Walking 9:00am –10:00am Senior Water Aerobics 1st Wednesday 9:30am -10:30am Aqua Line Dance 10:30am –11:45am Metro Parks	7:30am - 8:30am Lap Swim (3 lap lane) 9:00am – 10:00am Water Walking 10:30am -12:00pm Open Swim	7:30am – 8:30am Open Swim 9:30am - 12:00pm Metro Parks Summer Camp	8:00am – 8:45am 9:00am – 9:45am (\$) Learn to Swim 10:30am - 12:00pm Family Swim
Aquatic Coordinator *Sabrina Williams *Lifequards *Analise Williams	1:00pm – 3:30pm	1:00pm – 3:30pm	Learn to Swim Group Class Fees: Senior 62 & older: \$40 for 8 Lessons 61 and Under: \$60 for 8			
@Hadley Park Community Center	Hadley Camp Swim Time 5:00pm – 5:45pm (\$) Learn to Swim 6:00pm – 7:00pm	1:00pm – 3:30pm Hadley Camp Swim Time	1:00pm - 3:30pm Open Swim 5:00pm - 5:45pm (\$) Learn to Swim 6:00pm - 7:00pm	1:00pm – 3:30pm Hadley Camp Swim Time	Open Swim 5:00pm - 5:45pm 6:00pm - 7:00pm (\$) Learn to Swim Pool Length: 20 yards Depth: Zero Entry - 3ft;	See Swim Leeson flyer For more updated information
1 Instagram	(\$) Aqua Aerobics 4 th Monday 6p-7p Aqua Line Dance 7:00pm – 7:45pm (\$) Learn to Swim		(\$) Aqua Bikes w/Myron		Lanes: 3 Pool Temp: 86° (\$) Daily Fitness Class \$4 10 Day Pass Fit Card \$40	FREE Lifeguard Academy Training Revised 5/14/2024

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