










Antioch Community Center

5023 Blue Hole Road, Antioch, TN 37013 615-862-8417

<p>Teen Program After-School Special Activities Gymnasium Fitness Classes Community Outreach</p>	<p>Monday Hours: 12:00pm-8:30pm</p>	<p>Tuesday Hours: 12:00pm-8:30pm</p>	<p>Wednesday Hours: 12:00pm-8:30pm</p>	<p>Thursday Hours: 12:00pm-8:30pm</p>	<p>Friday Hours: 10:00am-6:30pm</p>	<p>Saturday Hours: 10:00am-4:00pm</p>
<p>2024 Fall/ Winter Program Schedule (subject to change in October)</p> <p>Program Coordinator Shaqua Nero</p> <p>Recreation Leaders Kenneth Bowers O' Conner Ward Nelly Baker</p> <p>*When school is not in session, the hours will be 9:00am-4:00pm for elementary and middle. High School is from 4:00pm-6:00pm. The gymnasium and game room will be closed to adults during this time.</p> 	<p>12:00pm-2:30pm Adult Open Gym (Basketball)</p>  <p>3:00pm-6:00pm After-School Enrichment Program</p> <p>Tennessee Nashville Academy Gym Time ½ Court 3:00pm-5:00pm (October-February)</p>  <p>3:00pm-6:00pm Open Gym Teen Time ½ Court</p> <p>Girl's Scout (Brownies) Every 3rd Monday 6:15pm-7:30pm</p> <p>6:00pm-8:00pm Adult Open Gym (Basketball)</p>	<p>12:00pm-2:30pm Open Gym</p> <p>Senior Programming Bi- Weekly 12:00PM-2:30PM</p> <p>3:00pm-6:00pm After-School Enrichment Programs</p>  <p>Tennessee Nashville Academy Gym Time ½ Court 3:00pm-5:00pm (October-February)</p> <p>Lighthouse Academy Gym Time ½ Court 4:00pm-6:00pm (August -January)</p> <p>6:00pm-8:00pm Community Game night fun</p> <p>Indoor Soccer (To Be Announced)</p> <p>6:00pm-8:00pm Teen Time Basketball</p>	<p>12:00pm-2:30pm Adult Open Gym (Basketball)</p>  <p>3:00pm-6:00pm After-School Enrichment Programs</p> <p>3:00pm-6:00pm Teen Time ½ Court</p> <p>6:00pm-8:00pm Community Game night fun</p> <p>6:00pm-8:00pm Youth Basketball Practice</p> 	<p>12:00pm-2:30pm Open Gym</p> <p>Senior Programming Bi- Weekly 12:00PM-2:30PM</p> <p>3:00pm-6:00pm After-School Enrichment Programs</p> <p>Lighthouse Academy Gym Time ½ Court 4:00pm-6:00pm (August -January)</p> <p>6:00pm-7:00pm Get Fit Dance Class</p> <p>6:00pm-8:00pm Community Game night fun</p> <p>6:00pm-8:00pm Teen Time Basketball</p>	<p>12:00pm-2:00pm Home School Activities Bi- Weekly (Skating, Arts & Crafts, Gameroom)</p> <p>Adult Skate Time 12:00-2:00pm Bi- Weekly</p> <p>3:00pm-6:00pm After-School Enrichment Programs</p>   <p>Like us on facebook</p> <p>@ Antioch Community Center"</p> <p>www.nashville.gov</p>	<p>10:00am-12:00pm Youth Basketball Practice</p> <p>Adult Open Gym 12:00PM-2:00PM</p> <p>Walking Club/Topic Talk 10:00am-12:00pm Bi-Weekly</p> <p>Family Time Open Gym/ Practices/ Volleyball 2:00PM-4:00PM</p>  <p>Teens 13-17 Senior 62 and up</p> <p>*At Antioch Community Center we lead to provide a safe place for families and the community to play and recreate.</p>

Adult Open Gym- welcomes ages 18 and up to participate in a variety of activities that take place in the gym.

Teen Time- is gym time designated for youth 13-18 years old to play basketball or recreational sport and play.

After-School Enrichment Program- children who are registered participate in a drop-in program that focuses on active recreation, while supporting healthy social and academic development. Space is limited for this free program, so advance applications were submitted.

Senior Programming- we welcome seniors to join us for bingo, arts and crafts, spades and light chair exercises to keep the mind and body engaged with recreation and creativity.

Homeschool- is an open meet and greet with other homeschoolers for a fun time and social learning experience every Friday.

Special Needs- allow a safe space to eat and engage in recreation through arts and crafts, recreation, and board games.

Get Fit Dancing- is a fun new way to get fit through line dancing and movement.

Game Night-is series of card / table and board games for family fun and entertainment.

Girl Scouts- youth group of girls that build curiosity and empower self worth.

Indoor Soccer- a fun safe space to play indoor soccer with timed games and easy rules.

To provide every citizen of Nashville and Davidson County with and equal opportunity for safe recreational and cultural activities within a network of parks and greenways that preserves and protects the region's natural resources.

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