



7311 Highway 100
Nashville, TN 37221
615-862-8555
wpnc.nashville.gov

Warner Park Nature Center is open
Tuesday - Saturday, 9 a.m. - 4 p.m.

Percy and Edwin Warner Parks are open
7 days a week from sunrise to 11 p.m.

Finding Balance

Autumn brings to mind many things...crisp breezes, fall colors, crunching leaves, hardy vegetables, warm spices, comfy sweaters, the harvest moon, and crackling campfires. People tend to feel cozy around campfires, which makes sense because throughout human history up until very recent generations we lived mostly outside and completely without electricity. A campfire brought people together. It was extremely communal because a campfire meant warmth in the cold, light in the darkness, and food for hungry bellies. It offered protection from predators and was the center of traditional and religious celebrations. These are probably the very reasons why when we sit around a campfire with friends, family, or even in solitude we are soon overcome with a sense of peace, quickly mesmerized by the flickering flames and floating embers. We might strum our guitars, thump our drums, or clap our hands. We might sing songs, tell stories, reminisce, laugh, cry, deeply ponder, or simply be. For just a little while, we might feel perfectly balanced.

This year, fall begins on Sunday, September 22, the equinox occurring at 9:44 a.m. in Nashville. The name equinox comes from the Latin aequus (equal) and nox (night). On this date, day and night are approximately equal. Our 24 hours are balanced between light and darkness. Neither day nor night overpowers the other. They are balanced in time.

As we all enter this season, may we strive to find balance in our lives. We hope that Warner Parks offers you all the things your heart needs to find its equilibrium. We offer a variety of programs and activities in hope that there is something for everyone. Whether you want an invigorating run along our winding trails or a quiet respite among dark purple wildflowers and golden cascading leaves, we strive to make this place your sanctuary. And if all this talk of campfires strikes a chord, be sure to sign up for our October 4th Fall Family Campfire or contact us to reserve one of our historic shelters.

Rachel Carter, Naturalist



Contact the
Nature
Center for ADA
accommodations

Program	Date/Time	Registration	Information
September			
Observe Hummingbird Migration Banding	Wednesday, September 4 7:30 - 9:30 a.m.	Age level: All ages Registration not required	August and September are prime months for hummingbird migration here in Tennessee as they head south for the winter. Stop by Warner Park Nature Center to learn about hummingbird research, observe our federally licensed banders, and see a hummingbird in the hand. Leaders: Laura Cook and BIRD Team
Observe Fall Bird Banding Research	Wednesday, September 4 12 - 4 p.m.	Age level: All ages Registration not required	Fall migration is one of our favorite times of the year! Stop by the banding station at Warner Park Nature Center to observe our federally licensed banders in action. This long-term research project has been ongoing for 43 years! Leaders: Laura Cook and BIRD Team
Hummingbird Happy Hour	Thursday, September 5 5:30 - 7:30 p.m.	Age level: 21 years and up For tickets visit warnerparks.org	Join us for libations, light bites, and live music on the back patio! During their annual migration, ruby-throated hummingbirds stop through Warner Parks on their way south for the winter. At this event, these magnificent birds will be zipping about, drinking from the ample feeders and flowers scattered around the Nature Center! Proceeds from ticket sales support the Warner Parks Bird Information Research and Data (BIRD) program. Coordinators: Friends of Warner Parks
Observe Hummingbird Migration Banding	Saturday, September 7 9 - 11 a.m.	Age level: All ages Registration not required	August and September are prime months for hummingbird migration here in Tennessee as they head south for the winter. Stop by Warner Park Nature Center to learn about hummingbird research, observe our federally licensed banders, and see a hummingbird in the hand. Leaders: Laura Cook and BIRD Team
Hummingbird Celebration	Saturday, September 7 9 a.m. - 2 p.m.	Age level: All ages Registration not required	Ruby-throated hummingbirds are migrating south and busy visiting our feeders and flowers! This free event features fun and educational activities for people of all ages, including hummingbird banding from 9-11 a.m., hummingbird observation and education stations, face painting, art activities, tips on attracting hummingbirds, and much more. Leaders: Nature Center Staff and Volunteers
Native Plant Choices to Support Hummingbirds for Each Season	Saturday, September 7 1 - 2 p.m.	Age level: 13 years and up Registration open now	From Spring to Fall, there are native plants that hummingbirds look for and have evolved with in our wild spaces. Planting more of this material on our properties gives us the opportunity to not only enjoy their visits, but support their future generations. Presenter: Joy Boven, Owner of Wonder Gifts and Garden

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Program	Date/Time	Registration	Information
Observe Fall Bird Banding Research	Tuesday, September 10 8 a.m. - 12 p.m.	Age level: All ages Registration not required	Fall migration is one of our favorite times of the year! Stop by the banding station at Warner Park Nature Center to observe our federally licensed banders in action. This long-term research project has been on-going for 43 years! Leaders: Laura Cook and BIRD Team
Living Building Design Workshop - Health & Happiness and Beauty	Tuesday, September 10 5:30 - 7:30 p.m.	Age level: 13 years and up Registration open now	Join us for an interactive workshop to develop a Living Building Challenge project brief for a real-world project. Leader: Vera Roberts
Observe Hummingbird Migration Banding	Wednesday, September 11 7:30 - 9:30 a.m.	Age level: All ages Registration not required	August and September are prime months for hummingbird migration here in Tennessee as they head south for the winter. Stop by Warner Park Nature Center to learn about hummingbird research, observe our federally licensed banders, and see a hummingbird in the hand. Leaders: Laura Cook and BIRD Team
Bird Walk: Bird Migration at the Burch Reserve	Friday, September 13 7 - 9 a.m.	Age level: 12 years and up Registration opens August 30	With open fields and deep forest trails, the Burch Reserve offers diverse habitat perfect for fall migratory birds. Leader: Graham Gerdeman
Full Moon Pickin' Party	Friday, September 13 6 - 10 p.m.	Age level: All ages For tickets and information visit warnerparks.org	This unique bluegrass series has been a beloved Nashville tradition for over 25 years, attracting families and friends from all over to hear music under the stars in Percy Warner Park. You can enjoy live bluegrass, local food trucks, cold brews, and more. Join us for the last one in 2024! Coordinators: Friends of Warner Parks
Observe Fall Bird Banding Research	Saturday, September 14 8 a.m. - 12 p.m.	Age level: All ages Registration not required	Fall migration is one of our favorite times of the year! Stop by the banding station at Warner Park Nature Center to observe our federally licensed banders in action. This long-term research project has been on-going for 43 years! Leaders: Laura Cook and BIRD Team
Observe Fall Bird Banding Research	Tuesday, September 17 8 a.m. - 12 p.m.	Age level: All ages Registration not required	Fall migration is one of our favorite times of the year! Stop by the banding station at Warner Park Nature Center to observe our federally licensed banders in action. This long-term research project has been on-going for 43 years! Leaders: Laura Cook and BIRD Team

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Program	Date/Time	Registration	Information
Observe Hummingbird Migration Banding	Wednesday, September 18 7:30 - 9:30 a.m.	Age level: All ages Registration not required	August and September are prime months for hummingbird migration here in Tennessee as they head south for the winter. Stop by Warner Park Nature Center to learn about hummingbird research, observe our federally licensed banders, and see a hummingbird in the hand. Leaders: Laura Cook and BIRD Team
Evening Cave Tour	Wednesday, September 18 6:30 - 9 p.m.	Age level: 10 years and up Registration opens September 4	Join us for a rare opportunity to explore a natural cave and learn how it was formed and what creatures live inside. Leader: Jenna Atma
Blooms and Butterflies	Friday, September 20 9 - 10:30 a.m.	Age level: All ages Registration opens September 6	Explore the fall meadows full of colorful flowers and fluttering butterflies! Learn all about our fall flowers and the beautiful pollinators who visit them. Leaders: Vera Roberts and Will Chamberlain
Bird Walk: Birds of the Harpeth River Greenway	Saturday, September 21 7 - 9 a.m.	Age level: 12 years and up Registration opens September 7	Join us as we explore the Greenway area of the Little Harpeth River for resident and migrating birds. Leader: Chris Sloan
Autumn Equinox Welcome Walk	Saturday, September 21 9 - 10:30 a.m.	Age level: 12 years and up Registration opens September 7	In celebration of the fall equinox, we will stroll, point out, and ponder the changes we are experiencing under nature's subtle influence and share what we are looking forward to in the days and weeks to come. We will pause periodically to rest and reflect on the beauty of the season and the significance of equal days and nights as the earth continues its rotation on her tilted axis. Feel free to bring a journal or even an autumnal poem or quote to share. Leader: Rachel Carter
Vol Call: Trail Stewardship	Saturday, September 21 10 a.m. - 12 p.m.	Age level: 13 years and up with adult or 18 years and up Register at warnerparks.org	Join Friends of Warner Parks for a morning in the woods. We'll be teaming up to tackle some needed upkeep and give our much loved trails a little TLC. Leader: Paul Fowler
Observe Fall Bird Banding Research	Tuesday, September 24 8 a.m. - 12 p.m.	Age level: All ages Registration not required	Fall migration is one of our favorite times of the year! Stop by the banding station at Warner Park Nature Center to observe our federally licensed banders in action. This long-term research project has been on-going for 43 years! Leaders: Laura Cook and BIRD Team

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Program	Date/Time	Registration	Information
Observe Hummingbird Migration Banding	Wednesday, September 25 7:30 - 9:30 a.m.	Age level: All ages Registration not required	August and September are prime months for hummingbird migration here in Tennessee as they head south for the winter. Stop by Warner Park Nature Center to learn about hummingbird research, observe our federally licensed banders, and see a hummingbird in the hand. Leaders: Laura Cook and BIRD Team
Ciders and Spiders	Thursday, September 26 6:30 - 8 p.m.	Age level: 21 years and up Registration opens September 12	Are you squeamish about spiders? Learn to love these fascinating eight-legged friends as we cozy up to a fire and explore the fall abundance of spiders (and ciders)! Suggested \$10 cash donation at the door. Leaders: Rachel Anderson and Jenna Atma
Bird Stroll: Bird Migration at Beech Grove	Friday, September 27 8 - 10 a.m.	Age level: 12 years and up Registration opens September 13	Join us for a morning stroll to look and listen for birds in Beech Woods. Beginners and experts are welcome as we try to find at least 50 species of resident and migratory birds. Leader: BIRD Team
Reset and Renew Yoga	Saturday, September 28 9 - 10 a.m.	Age level: 12 years and up Registration opens September 14	Join us on the last Saturday of each month for our Reset and Renew Yoga class. Beginner friendly and open to all levels, this gentle and energizing yoga flow offers a rejuvenating experience to leave you feeling refreshed and ready to embrace the new month ahead. Leader: Sarah Summers
A Talk with Author Joanna Brichetto, Nashville's Sidewalk Naturalist	Saturday, September 28 10:30 a.m.	Age level: 13 years and up Registration opens September 14	Join author and local naturalist Joanna Brichetto for a look at Sidewalk Nature and a reading from her new book, "This is How a Robin Drinks: Essays on Urban Nature". The event will be a seasonal show 'n' tell, and copies of the book will be available for purchase. Speaker: Joanna Brichetto
Monarch Tagging	Saturday, September 28 1 - 2:30 p.m.	Age level: 13 years and up Registration opens September 13	Participate in a new research project at Warner Park Nature Center as we learn about and tag Monarch butterflies on their migration south. Leaders: Elyse Dilks and Rachel Anderson
October			
Observe Fall Bird Banding Research	Tuesday, October 1 8 a.m. - 12 p.m.	Age level: All ages Registration not required	Fall migration is one of our favorite times of the year! Stop by the banding station at Warner Park Nature Center to observe our federally licensed banders in action. This long-term research project has been on-going for 43 years! Leaders: Laura Cook and BIRD Team

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Program	Date/Time	Registration	Information
Welcoming the New Month with Shinrin Yoku	Tuesday, October 1 6 - 7:30 p.m.	Age level: 13 years and up Registration opens September 17	“We are not separate from this Earth; we are a part of it, whether we fully feel it in our bodies yet or not.”* Welcome October by allowing nature’s calm to sink into your bones. Join us for a peaceful, introspective stillness while surrounded by the beauty of Warner Parks. The forest settles and heals us. Allow us to be your guide. (*Quote by Sharon Blackie) Leader: Rachel Carter, Certified Forest Therapy Guide
Monarch Tagging	Friday, October 4 1 - 2:30 p.m.	Age level: 13 years and up Registration opens September 20	Participate in a new research project at Warner Park Nature Center as we learn about and tag Monarch butterflies on their migration south. Leaders: Elyse Dilks and Rachel Anderson
Fall Family Picnic and Campfire	Friday, October 4 6 - 8 p.m.	Age level: All ages Registration opens September 20	Experience evening change to night during this fun-filled family foray. We will picnic together sharing stories and a campfire. Whoooo knows what else we may discover?! Leader: Vera Roberts
Explore with a Naturalist	Saturday, October 5 10 a.m. - 12 p.m.	Age level: All ages Registration not required	Stop by the Nature Center to explore nature with a Naturalist! This outdoor exploration will focus on discovery, observation, and connecting with nature. The themes will be chosen the week prior.
Observe Fall Bird Banding Research	Tuesday, October 8 8 a.m. - 12 p.m.	Age level: All ages Registration not required	Fall migration is one of our favorite times of the year! Stop by the banding station at Warner Park Nature Center to observe our federally licensed banders in action. This long-term research project has been on-going for 43 years! Leaders: Laura Cook and BIRD Team
Funky Fungi	Wednesday, October 9 10 - 11 a.m.	Age level: All ages Registration opens September 25	Let’s get funky as we look at all of the different fungi and mushrooms we encounter as well as learning how to create a mushroom print. Leader: Elyse Dilks
Archaeology Adventures with Adam	Thursday, October 10 10 - 11:30 a.m.	Age level: 6 years and up Registration opens September 26	Have you ever wondered what it’s like to be an archaeologist? Find out what real-life archaeologists do and try your hand at some puzzling mysteries! Leader: Adam Fracchia, Metro Nashville’s Historic Commission

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Program	Date/Time	Registration	Information
Spook-tacular Forest Friends	Friday, October 11 10 - 11:30 a.m.	Age level: All ages Registration opens September 27	Spiders, snakes, and bats, oh my! Fall in love with the spookiest critters of the season as we discover what roles these creatures play in nature and do some seasonally-inspired activities. Leaders: Jenna Atma and Elyse Dilks
Family Bird Walk at Warner Park Nature Center	Saturday, October 12 9 - 10 a.m.	Age level: All ages Registration opens September 28	Search the campus, fields, and hills of Edwin Warner Park for migratory birds. Edwin Warner Park has a nice mix of native fields and hilled forests making a perfect place to search for migratory birds as they make their way to their southerly wintering grounds from northern breeding. How many kinds of birds can we find? Leader: Amy Pardo
Ask a Master Gardener	Saturday, October 12 10 a.m. - 12 p.m.	Age level: All ages Registration not required	Are you wondering about autumn garden chores and the best tools to use? Come talk to Davidson County Master Gardeners. They will share some of their favorite tips, tricks, and tools for your fall to-do list. This is a “drop in” style program. Coordinators: Master Gardeners of Davidson County
Observe Fall Bird Banding Research	Tuesday, October 15 8 a.m. - 12 p.m.	Age level: All ages Registration not required	Fall migration is one of our favorite times of the year! Stop by the banding station at Warner Park Nature Center to observe our federally licensed banders in action. This long-term research project has been on-going for 43 years! Leaders: Laura Cook and BIRD Team
Hunter’s Moon Hike	Thursday, October 17 7 - 9 p.m.	Age level: 16 years and up Registration opens October 3	October’s full moon takes place while the moon is as close to the earth as it gets for this entire year. Join us for a leisurely hike through the woods as the sky darkens and the Super Moon rises. We’ll stop for a glimpse of this breathtaking sight through the canopy of the trees and hopefully discover a spot for a perfect view! Leader: Rachel Carter
Easy Birding at the Nature Center	Friday, October 18 7:30 - 9 a.m.	Age level: All ages Registration opens October 4	This bird “walk” is ideal for those who find birding on a trail a challenge. We’ll sit and chill at a few key birding locations on the Nature Center campus and watch for late fall migrants and resident birds. New and experienced birders are welcome! Leader: Rachel Anderson

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Program	Date/Time	Registration	Information
Vol Call: Pullin' Party	Saturday, October 19 10 a.m. - 12 p.m.	Age level: 13 years and up with an adult or 18 years and up Register at warnerparks.org	Pitch in and help protect forest health. Learn how to identify, remove, and prevent invasive plants from overtaking our natural areas. Leader: Paul Fowler
Old Time Jam	Saturday, October 19 1 - 3 p.m.	Age level: All ages Registration not required	Bring your instrument and join the round for some Old Time strumming and picking on the back porch or just sit back and enjoy the tunes. Leader: Daniel Charlton
Observe Fall Bird Banding Research	Tuesday, October 22 12 - 4 p.m.	Age level: All ages Registration not required	Fall migration is one of our favorite times of the year! Stop by the banding station at Warner Park Nature Center to observe our federally licensed banders in action. This long-term research project has been ongoing for 43 years! Leaders: Laura Cook and BIRD Team
Reset and Renew Yoga	Saturday, October 26 9 - 10 a.m.	Age level: 12 years and up Registration opens October 12	Join us on the last Saturday of each month for our Reset and Renew Yoga class. Beginner friendly and open to all levels, this gentle and energizing yoga flow offers a rejuvenating experience to leave you feeling refreshed and ready to embrace the new month ahead. Leader: Sarah Summers
Explore with a Naturalist	Saturday, October 26 10 a.m. - 12 p.m.	Age level: All ages Registration not required	Stop by the Nature Center to explore nature with a Naturalist! This outdoor exploration will focus on discovery, observation, and connecting with nature. The themes will be chosen the week prior.
Observe Fall Bird Banding Research	Tuesday, October 29 8 a.m. - 12 p.m.	Age level: All ages Registration not required	Fall migration is one of our favorite times of the year! Stop by the banding station at Warner Park Nature Center to observe our federally licensed banders in action. This long-term research project has been ongoing for 43 years! Leaders: Laura Cook and BIRD Team

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Program	Date/Time	Registration	Information
November			
Outdoor Nature Painting	Friday, November 1 12 - 2 p.m.	Age level: 8 years and up Registration opens October 18	Explore nature in a creative way with “en plein air”; nature painting outside! Whether you’re a seasoned artist or have never held a brush before, anyone can participate in this outdoor activity! Leader: Jenna Atma
Wildlife Saturday with Jasper	Saturday, November 2 10 a.m. - 12 p.m.	Age level: All ages; ideal ages 8-13 years Registration opens October 21	Join 13-year-old naturalist, Jasper, and friends to learn more about Tennessee’s incredible wildlife and how to protect their habitats. We’ll enjoy an engaging presentation from Jasper and an optional opportunity to get up close and personal with a few of Jasper’s friends - from snakes to turtles! Leader: Jasper, the Harpeth Conservancy, and Warner Park Nature Center staff
Observe Fall Bird Banding Research	Tuesday, November 5 8 a.m. - 12 p.m.	Age level: All ages Registration not required	Fall migration is one of our favorite times of the year! Stop by the banding station at Warner Park Nature Center to observe our federally licensed banders in action. This long-term research project has been on-going for 43 years! Leaders: Laura Cook and BIRD Team
Nashville Native Orchids Discussion and Book Presentation	Thursday, November 7 6:30 p.m.	Age level: 13 years and up Registration opens October 24	Hidden in the greenways, parks, and backyards of Nashville are several varieties of stunning native orchids. The vibrant flower has been revered for centuries for its exoticism and inspirational qualities. But these treasures, long part of rich folkloric traditions, have been largely forgotten by many Nashvillians. Come hear author of “Nashville’s Native Orchids: Astonishing Science and Mysterious Folklore” share her knowledge and enthusiasm. You’ll learn how to identify, find, and conserve native orchids in your neighborhood. Copies of the book will be available for purchase. Speaker: Soraya Cates Parr
Explore with a Naturalist	Saturday, November 9 10 a.m. - 12 p.m.	Age level: All ages Registration not required	Stop by the Nature Center to explore nature with a Naturalist! This outdoor exploration will focus on discovery, observation, and connecting with nature. The themes will be chosen the week prior.

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Program	Date/Time	Registration	Information
Fall Star Party	Saturday, November 9 6 - 8 p.m.	Age level: All ages Registration open now	Come out to the park for a night under the autumn sky. Local astronomers will be on hand at the Special Events and Sports Field (61 Vaughn Rd.) with their powerful telescopes and contagious enthusiasm. There should be great views of the 1/2 Moon, Saturn, and Andromeda Galaxy! Leaders: Rachel Carter and the Barnard-Seyfert Astronomical Society
Living Building Design Workshop - Equity	Tuesday, November 12 5:30 - 7:30 p.m.	Age level: 13 years and up Registration now open	Join us for an interactive workshop to develop a Living Building Challenge project brief for a real-world project. Leader: Vera Roberts
Observe Fall Bird Banding Research	Wednesday, November 13 12 - 4 p.m.	Age level: All ages Registration not required	Fall migration is one of our favorite times of the year! Stop by the banding station at Warner Park Nature Center to observe our federally licensed banders in action. This long-term research project has been ongoing for 43 years! Leaders: Laura Cook and BIRD Team
Vol Call: Pullin' Party	Saturday, November 16 10 a.m. - 12 p.m.	Age level: 13 years and up with an adult or 18 years and up Register at warnerparks.org	An Invasive Free WP can't happen without the contribution of all those who enjoy this treasured sanctuary in the city. Do your part to help preserve diversity and support the effort to preserve and protect your park. Leader: Paul Fowler
Explore with a Naturalist	Saturday, November 23 10 a.m. - 12 p.m.	Age level: All ages Registration not required	Stop by the Nature Center to explore nature with a Naturalist! This outdoor exploration will focus on discovery, observation, and connecting with nature. The themes will be chosen the week prior.
Tea Talk-n-Walk	Saturday, November 23 4:30 - 6 p.m.	Age level: 12 years and up Registration opens November 9	Come make a cup of tea at the Nature Center to have as you walk with a Naturalist along our Meadow Trail and Old Roadway. Leader: Elyse Dilks
Thankful for the Hill Forest	Wednesday, November 27 9:30 a.m. - 12 p.m.	Age level: 10 years and up Registration opens November 13	Explore the peace and grandeur or the undisturbed ecosystem of the Hill Forest and share in gratitude for this amazing land. Leader: Vera Roberts

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Save the Date

At A Glance

<p>Fall Bird Banding Research (8 a.m. - 12 p.m. unless noted otherwise)</p>	<ul style="list-style-type: none"> • Sept. 4 (12pm-4pm) • Sept. 10 • Sept. 14 • Sept. 17 • Sept. 24 • Oct. 1 • Oct. 8 • Oct. 15 • Oct. 22 (12pm-4pm) • Oct. 29 • Nov. 5 • Nov. 13 (12pm-4pm)
<p>Hummingbird Migration Banding (7:30 - 9:30 a.m.)</p>	<ul style="list-style-type: none"> • Sept. 4 • Sept. 7 (9 - 11 a.m.) • Sept. 11 • Sept. 18 • Sept. 25
<p>Explore with a Naturalist (10 a.m. - 12 p.m.) Topics will be posted on social media the week prior</p>	<ul style="list-style-type: none"> • Oct. 5 • Oct. 26 • Nov. 9 • Nov. 23

<p>Winter Solstice Celebration</p>	<p style="text-align: center;">Friday, December 20, 2024</p> <p style="text-align: center;">Celebrate the beginning of winter and the longest night of the year during this annual event featuring wreath making, a luminary trail through the forest, campfires, s'mores, astronomy, music, and much more!</p>
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Nature Center Closings

<p>Labor Day</p>	<p>Closed September 3</p>
<p>Veteran's Day</p>	<p>Closed November 12</p>
<p>Thanksgiving</p>	<p>Closed November 28-30</p>