

Madison Regional Community Center Fall 2024 (Starts August 5th)

550 N.Dupont Ave. Madison, TN 37115

	Monday Hours: 6:00am-8:30pm	Tuesday Hours: 6:00am-8:30pm	Wednesday Hours: 6:00am-8:30pm	Thursday Hours: 6:00am-8:30pm	Friday Hours: 6:00am-7:30pm	Saturday Hours: 8:00am-4:00pm
<p>(\$) – Paid Class</p> <p>Adult programming</p> <p>Cultural Arts</p> <p>Family Programming</p> <p>Fitness Classes</p> <p>Special Features</p> <p>Youth Programming</p>	<p>(\$) Fitness Center & Indoor Track 6:00am-8:15pm</p>	<p>(\$) Fitness Center & Indoor Track 6:00am-8:15pm</p>	<p>(\$) Fitness Center & Indoor Track 6:00am-8:15pm</p>	<p>(\$) Fitness Center & Indoor Track 6:00am-8:15pm</p>	<p>(\$) Fitness Center & Indoor Track 6:00am-7:15pm</p>	<p>(\$) Fitness Center & Indoor Track 8:00am-3:45pm</p>
	<p>Adult Open Gym (Ages 18+) 6:00am-9:00am</p>	<p>Adult Open Gym (Ages 18+) 6:00am-9:00am</p>	<p>Adult Open Gym (Ages 18+) 6:00am-9:00am</p>	<p>Adult Open Gym (Ages 18+) 6:00am-9:00am</p>	<p>Adult Open Gym (Ages 18+) 6:00am-9:00am</p>	<p>Adult Open Gym (Ages 18+) 6:00am-9:00am</p>
<p>Program Coordinator Felissa Reese</p> <p>Recreation Leader Sr. Aaron Donaldson-Stevens</p> <p>Recreation Leaders Chris Fisher Raynesha Alexander Dominique Hyde Kameron Donaldson Traneal Bailey Antionette Chambers</p> <p>The Mission of Metro Board of Parks and Recreation To provide every citizen of Nashville and Davidson County with and equal opportunity for safe recreational and cultural activities within a network of parks and greenways that preserves and protects the region's natural resources. Metro Parks does not discriminate on basis of age, race, color, national origin, religion or disability in admission to, access to or operations of its programs, services or activities.</p>	<p>Senior Body Pump w/Felissa 10am-11am</p>	<p>Pickleball 9:00am-12:00pm</p>	<p>TOT Time w/Mr.Chris 10:30am-11:30am</p>	<p>Pickleball 9:00am-12:00pm</p>	<p>Badminton 6:00am-9:00am</p>	<p>Zumba w/Janet 8:15am-9:15am (\$4)</p>
	<p>Teen Open Gym 2:30pm-4:30pm</p>	<p>Teen Open Gym 2:30pm-4:30pm</p>	<p>Line Dancing w/ Felissa Reese 11:00am-12pm</p>	<p>Teen Open Gym 2:30pm-6:00pm</p>	<p>Teen Open Gym 2:30pm-6:00pm</p>	<p>Teen Open Gym 2:30pm-4:30pm</p>
	<p>After-School Program 3:00pm-6:00pm GYMNASIUM CLOSED *Registration Required*</p>	<p>After-School Program 3:00pm-6:00pm GYMNASIUM CLOSED *Registration Required*</p>	<p>After-School Program 3:00pm-6:00pm GYMNASIUM CLOSED *Registration Required*</p>	<p>After-School Program 3:00pm-6:00pm GYMNASIUM CLOSED *Registration Required*</p>	<p>After-School Program 3:00pm-6:00pm GYMNASIUM CLOSED *Registration Required*</p>	<p>Movie Matinee 12:30-3:30pm Every 4th Saturday</p>
	<p>Step Team 4:30pm-6:30pm</p>	<p>Praise Dance (Ages 6-14) 5:00pm-6:00pm</p>	<p>After-School Program 3:00pm-6:00pm GYMNASIUM CLOSED *Registration Required*</p>	<p>Step Team 4:30pm-6:30pm</p>	<p>Step Team 4:30pm-6:30pm</p>	<p>Membership Fees: Daily Pass Adult \$3.00 Discounted Rate \$1.50 10 Visit Gym Pass Adult \$20.00 Discounted Rate \$10.00 <i>(fitness classes NOT included)</i> Monthly Pass Adult \$30.00 Discounted Rate \$20.00 <i>(fitness classes NOT included)</i> Fitness Class \$4.00 10 Pass Class Card \$40.00</p>
	<p>Metro Youth Soccer Practice 5:00pm-6:00pm *Must be on a Madison Soccer Roster**</p>	<p>Volleyball Teens/Adults Gym *Ages 15 & Under MUST be accompanied by adult* 6:00pm-8:00pm</p>	<p>Step Team 4:30pm-6:30pm</p>	<p>Cheerleading Practice (Ages 6-12) 5:00pm-6:00pm</p>	<p>Family Open Gym *Families w/Children ages 14 & under* 6:00pm-7:15pm</p>	<p>Discount Applies to: Teens 13-17, Seniors 62+, Metro Employees, Military Personnel, Disabled, and College Students *Must Present Valid I.D.</p>
	<p>Adult Open Gym (Ages 18+) 6:00pm-8:00pm</p>		<p>Cub Scouts *1st Wednesday* 5:00pm-6:00pm</p>	<p>MCC NEWS 5:00pm-6:00pm</p>		
			<p>MCC Podcast 5:30pm-6:30pm</p>	<p>Girl Scouts *1st Thursday* 5:00pm-6:00pm</p>		
			<p>Gyrokinesis w/Felicia 6:30pm-7:30pm (\$4)</p>	<p>Pickleball 6:00pm-8:00pm</p>		
			<p>Pickleball Fundamentals w/Aaron Court 1 6:00pm-7:00pm</p>			
			<p>Pickleball 6:00pm-8:00pm</p>			



Instagram:
@madison_community_center
www.nashville.gov FB: Madison Regional Center



Schedule Is Subject To Change

We are available for parties, meetings, dinners, reunions, and more. For information on reserving space, stop by or contact us at (615) 862-8459.