







Hadley Park Regional Community Center

1037 28th Avenue N. Nashville, TN 37208 (615)862-8451

	Monday 6:00am - 8:30pm	Tuesday 6:00am – 8:30pm	Wednesday 6:00am - 8:30pm	Thursday 6:00am - 8:30pm	Friday 6:00am - 7:30pm	Saturday 8:00am – 4:00pm
<p>Fall & Winter 2024 Program Schedule</p> <p><u>Sunday</u> Closed</p> <p><u>Facility Coordinator</u> Channoty Robinson</p> <p><u>Program Coordinator</u> Kenneth Beard</p> <p><u>Aquatic Coordinator</u> *Sabrina Williams</p> <p><u>Senior Recreation Leader</u> Leslie Patterson</p> <p><u>Recreation Leaders</u></p> <p>Jaleana New Tameka Harris Myron Goggins Ariya Southern Ausha Cartwright Maurice Goodner</p> <p><u>*Lifeguards</u> *Jauan Scruggs</p>	<p><u>6:00am – 8:15pm</u></p> <p>Walking Track</p> <p>Fitness Center (\$)</p> <p><u>8:00am – 4:30pm</u> Senior Program</p> <p><u>12:30pm – 2:30pm</u> Open Gym</p> <p><u>3:00pm-6:00pm</u> Afterschool</p> <p><u>4:45pm-7:15</u> Rejoice Ballet</p> <p><u>6:00pm – 7:00pm</u> Line Dancing</p> 	<p><u>6:00am – 8:15pm</u></p> <p>Walking Track</p> <p>Fitness Center (\$)</p> <p><u>8:00am – 4:30pm</u> Senior Program</p> <p><u>10:00am-11:00am</u> Senior Line Dancing</p> <p><u>11:00am-3:00pm</u> Bridge club</p> <p><u>12:30pm – 2:30pm</u> Beginners Pickleball</p> <p><u>3:00pm-6:00pm</u> Afterschool</p> <p><u>4:45pm-7:15pm</u> Rejoice Ballet</p> <p><u>6:00pm – 8:00pm</u> Open Gym</p>	<p><u>6:00am – 8:15pm</u></p> <p>Walking Track</p> <p>Fitness Center (\$)</p> <p><u>8:00am – 4:30pm</u> Senior Program</p> <p><u>12:30pm – 2:30pm</u> Open Gym</p> <p><u>3:00pm-6:00pm</u> Afterschool</p> <p><u>6:00pm – 7:00pm</u> Line Dancing</p>  <p>@ Hadley Park Community Center</p>	<p><u>6:00am – 8:15pm</u></p> <p>Walking Track</p> <p>Fitness Center (\$)</p> <p><u>8:00am – 4:30pm</u> Senior Program</p> <p><u>10:00am-11:00am</u> Senior Line Dancing</p> <p><u>12:30pm – 2:30pm</u> Intermediate Pickleball</p> <p><u>3:00pm-6:00pm</u> Afterschool</p> <p><u>6:00pm – 8:00pm</u> Teen Open Gym Ages 15 – 17</p> <p><u>6:00pm – 8:00pm</u> Teen Time</p>	<p><u>6:00am – 7:15pm</u></p> <p>Walking Track</p> <p>Fitness Center (\$)</p> <p><u>8:00am – 4:30pm</u> Senior Program</p> <p><u>9:00am-10:00am</u> Boot Camp w/Myron (\$)</p> <p><u>10:00am – 11:00am</u> Tot Time (Starting in October)</p> <p><u>3:00pm-6:00pm</u> Afterschool</p> <p>Membership Fees: Adult Daily Pass \$3.00 Teens/Seniors/Military \$1.50 10 Visit Pass Adult \$20.00 Teens/Seniors/Military \$10.00 Monthly Pass Adult \$30.00 Teens/Seniors/Military \$20.00 Yearly Pass Adult \$250.00 Teens/Senior/Military \$150</p>	<p><u>8:00am-10:00am</u> Adult Open Gym</p> <p><u>10:15am – 12:15pm</u> Family Volleyball 1st & 3rd Saturday</p> <p><u>10:15am – 12:15pm</u> Family Pickleball 2nd & 4th Saturday</p> <p><u>12:30pm – 3:30pm</u> Teen Open Gym Ages 15 – 17</p>  <p>@ Hadley Park Regional Center</p> <p>Fit Classes \$4.00 10 Pass Fit Card \$40.00</p>

 <p>Fall 2024 Program Schedule</p> <p>AQUATICS (Schedule Subject to Change)</p> <p><u>Sunday</u> Closed</p> <p><u>Facility Coordinator</u> Channoty Robinson</p> <p><u>Program Coordinator</u> Kenneth Beard</p> <p><u>Aquatic Coordinator</u> *Sabrina Williams</p> <p><u>*Lifeguards</u> *Jauan Scruggs</p> 	7:30am - 8:30am Water Walking	7:30am - 8:30am Lap Swim (3 lap lanes)	7:30am - 8:30am Water Walking	7:30am - 8:30am Lap Swim (3 lap lanes)	9:00am – 10:00am Open Swim/ Lap Swim (1 lap lane)	9:00am – 10:00am (\$ Aqua Bikes w/Myron	
	9:00am –10:00am Senior Water Aerobics	9:00am – 10:00am Water Walking	9:00am –10:00am Senior Water Aerobics	9:00am – 10:00am Water Walking	10:30am – 12:00pm Open Swim	10:30am -12:00pm Family Swim	
	10:30am -12:00pm Open Swim	10:30am -12:00pm Open Swim	10:30am –12:00pm Open Swim	10:30am -12:00pm Open Swim	Pool Length: 20 yards Depth: Zero Entry – 3ft; 4ft Lanes: 3 Pool Temp: 86°	 <p><u>Learn to Swim Group Class</u> <u>Fees:</u> Senior 62 & older: \$40 for 8 Lessons 61 and Under: \$60 for 8 Lessons</p> <p>See Swim Leeson flyer! For more updated information</p>	
	Pool closed for lunch break.						Pool Length: 20 yards Depth: Zero Entry – 3ft; 4ft Lanes: 3
	1:00pm – 3:30pm Open Swim/ Lap Swim (1 Lane)	1:00pm – 3:30pm Open Swim/ Lap Swim (1 Lane)	1:00pm – 3:30pm Open Swim/ Lap Swim (1 Lane)	1:00pm – 3:30pm Open Swim/ Lap Swim (1 Lane)	1:00pm – 3:30pm Open Swim/ Lap Swim (1 Lane)		
	5:00pm – 5:45pm After School Program		5:00pm – 5:45pm After School Program		5:00pm – 5:45pm After School Program		
6:00pm – 7:00pm (\$ Aqua Aerobics		6:00pm – 7:00pm (\$ Aqua Bikes w/Myron		6:00pm – 7:00pm (\$ Aqua Bikes w/Myron			
						Revised 11/16/2024	

We are available for Birthday Parties, Family Dinners, Reunions, Community Meeting and more.
For information on reserving space contact a staff member at the listed number above or just drop in.