






Hadley Park Regional Community Center

1037 28th Avenue N. Nashville, TN 37208 (615)862-8451

	Monday 6:00am - 8:30pm	Tuesday 6:00am - 8:30pm	Wednesday 6:00am - 8:30pm	Thursday 6:00am - 8:30pm	Friday 6:00am - 7:30pm	Saturday 8:00am - 4:00pm
<p>Winter 2025 Program Schedule</p> <p>Sunday Closed</p> <p>Facility Coordinator Channoty Robinson</p> <p>Program Coordinator</p> <p>Aquatic Coordinator *Sabrina Williams</p> <p>Senior Recreation Leader Leslie Patterson</p> <p>Recreation Leaders</p> <p>Jaleana New Tameka Harris Ariya Southern Myron Goggins Onteerius Smith Ausha Cartwright Maurice Goodner</p> <p>*Lifeguards *Jauan Scruggs *Eliza de Shon</p> 	<p><u>6:00am - 8:15pm</u></p> <p>Walking Track</p> <p>Fitness Center (\$)</p> <p><u>8:00am - 4:30pm</u> Senior Program</p> <p><u>12:30pm - 2:30pm</u> Open Gym</p> <p><u>3:00pm - 6:00pm</u> Afterschool</p> <p><u>4:00pm - 6:00pm</u> Legends of Hadley NAZA Program</p> <p><u>4:45pm - 7:15pm</u> Rejoice Ballet</p> <p><u>6:00pm - 7:00pm</u> Line Dancing</p> <p><u>7:15pm - 8:15pm</u> Youth Basketball Practice</p>	<p><u>6:00am - 8:15pm</u></p> <p>Walking Track</p> <p>Fitness Center (\$)</p> <p><u>8:00am - 4:30pm</u> Senior Program</p> <p><u>10:00am - 11:00am</u> Senior Line Dancing</p> <p><u>11:00am - 3:00pm</u> Bridge club</p> <p><u>12:30pm - 2:30pm</u> Beginners Pickleball</p> <p><u>3:00pm - 6:00pm</u> Afterschool</p> <p><u>4:00pm - 6:00pm</u> Legends of Hadley NAZA Program</p> <p><u>4:45pm - 7:00pm</u> Rejoice Ballet</p> <p><u>6:00pm - 8:00pm</u> Youth Basketball Practice</p>	<p><u>6:00am - 8:15pm</u></p> <p>Walking Track</p> <p>Fitness Center (\$)</p> <p><u>8:00am - 4:30pm</u> Senior Program</p> <p><u>12:30pm - 2:30pm</u> Open Gym</p> <p><u>3:00pm - 6:00pm</u> Afterschool</p> <p><u>4:00pm - 6:00pm</u> Legends of Hadley NAZA Program</p> <p><u>6:00pm - 7:00pm</u> Line Dancing</p> <p><u>7:15pm - 8:15pm</u> Youth Basketball Practice</p> <p>Fitness Class Fee</p> <p>\$4.00</p> <p>10 Pass Fit Card \$40.00</p> <p>Seniors age 62</p>	<p><u>6:00am - 8:15pm</u></p> <p>Walking Track</p> <p>Fitness Center (\$)</p> <p><u>8:00am - 4:30pm</u> Senior Program</p> <p><u>10:00am - 11:00am</u> Senior Line Dancing</p> <p><u>12:30pm - 2:30pm</u> Intermediate Pickleball</p> <p><u>3:00pm - 6:00pm</u> Afterschool</p> <p><u>4:00pm - 6:00pm</u> Legends of Hadley NAZA Program</p> <p><u>6:00pm - 7:30pm</u> Ridley's School of Dance</p> <p><u>6:00pm - 8:00pm</u> Youth Basketball Practice</p>	<p><u>6:00am - 7:15pm</u></p> <p>Walking Track</p> <p>Fitness Center (\$)</p> <p><u>8:00am - 4:30pm</u> Senior Program</p> <p><u>9:00am - 10:00am</u> Boot Camp w/Myron</p> <p><u>3:00pm - 6:00pm</u> Afterschool</p> <p><u>6:00pm - 7:15pm</u> Ridley's School of Dance</p> <p><u>6:00pm - 7:15pm</u> Old School Hoop Session ages 40 and up</p> <p>Membership Fees: Adult Daily Pass \$3.00 Teens/Senior/Military \$1.50 10 Visit Pass Adult \$20.00 Teens/Senior/Military \$10.00 Monthly Pass Adult \$30.00 Teens/Senior/Military \$20.00 Yearly Pass Adult \$250.00 Teens/Senior/Military \$150</p>	<p><u>8:00am - 3:45pm</u></p> <p><u>9:00am - 10:00am</u> Tot Time</p> <p><u>10:30am - 12:30pm</u> Teen Open Gym</p> <p><u>12:30pm - 2:00pm</u> Adult Open Gym</p> <p><u>2:15pm - 3:45pm</u> Family Pickleball</p>  <p>@ Hadley Park Community Center</p>  <p>@ Hadley Park Regional Center</p> <p>Revised 1/22/25</p>

 <p>Winter 2025 Program Schedule</p> <p>AQUATICS (Schedule Subject to Change)</p> <p><u>Sunday</u> Closed</p> <p><u>Facility Coordinator</u> Channoty Robinson</p> <p><u>Program Coordinator</u></p> <p><u>Aquatic Coordinator</u> *Sabrina Williams</p> <p><u>*Lifeguards</u> *Jauan Scruggs * Eliza de Shon</p>  <p>Schedule starts 2/1/25</p>	<p>7:00am - 8:30am Water Walking</p> <p>9:00am –10:00am Senior Water Aerobics</p> <p>10:30am -12:00pm Open Swim</p>	<p>6:30am - 8:00am Lap Swim (3 lap lane)</p> <p>8:30am – 10:00am Water Walking</p> <p>10:30am -12:00pm Open Swim</p>	<p>7:00am - 8:30am Water Walking</p> <p>9:00am –10:00am Senior Water Aerobics</p> <p>10:30am –12:00pm Open Swim</p>	<p>6:30am - 8:00am Lap Swim (3 lap lane)</p> <p>8:30am – 10:00am Water Walking</p> <p>10:30am -12:00pm Open Swim</p>	<p>7:00am – 7:45am (\$) Learn to Swim</p> <p>9:00am –10:00am Water Walking</p> <p>10:30am – 12:30pm Open Swim</p>	<p>8:00am – 8:45am (\$) Learn to Swim</p> <p>9:00am – 10:00am (\$) Aqua Bikes w/Myron</p> <p>10:30am -12:00pm Family Swim</p>			
	<p>Pool closed for lunch break</p>				<p>4:00pm – 5:30pm Family Swim</p> <p>6:00pm - 6:45pm (\$) Learn to Swim</p>	<p>1:00pm – 3:30pm Open Swim/ Lap Swim (1 Lane)</p> <p>4:00pm – 5:30pm Lifeguard Skills Program</p> <p>5:45pm – 6:30pm (\$) Learn to Swim</p>	<p>1:00pm – 3:30pm Open Swim/ Lap Swim (1 Lane)</p> <p>4:00pm – 5:00pm Metro Parks After School</p> <p>5:00pm – 5:45pm (\$) Learn to Swim</p> <p>6:00pm – 7:00pm (\$) Aqua Bikes w/Myron</p>	<p>1:00pm – 3:30pm Open Swim/ Lap Swim (1 Lane)</p> <p>4:00pm – 5:30pm Lifeguard Skills Program</p> <p>5:45pm – 6:30pm (\$) Learn to Swim</p>	<p>1:00pm – 3:30pm Open Swim/ Lap Swim (1 Lane)</p> <p>4:00pm – 5:30pm Lifeguard Skills Program</p> <p>5:45pm – 6:30pm (\$) Learn to Swim</p>

We are available for Birthday Parties, Family Dinners, Reunions, Community Meeting and more.
For information on reserving space contact a staff member at the listed number or just drop in.