




Madison Regional Community Center Winter 2024

550 N DuPont Ave Madison, TN, 37115

<p>Adult Programming Cultural arts Family Programming Fitness Classes Special Features Youth Programming (\$)-Paid Class Metro DisABILITIES Teen Programming</p>	<p>Monday Hours: 6:00am-8:30pm</p>	<p>Tuesday Hours: 6:00am-8:30pm</p>	<p>Wednesday Hours: 6:00am-8:30pm</p>	<p>Thursday Hours: 6:00am-8:30pm</p>	<p>Friday Hours: 6:00am-7:30pm</p>	<p>Saturday Hours 8:00am-4:00pm</p>
<p>Winter 2024 Program Schedule</p> <p><u>Facility Coordinator</u> Anthony Cooper</p> <p><u>Program Coordinator</u> Ms. Felissa Reese</p> <p><u>Senior Rec Leader</u></p> <p><u>Recreation Leaders</u> Chris Fisher Raynesha Alexander Dom Hyde Kam Donaldson Traneal Bailey Antionette Chambers</p> <p>The Mission of Metro Board of Parks and Recreation To provide every citizen of Nashville and Davidson County with and equal opportunity for safe recreational and cultural activities within a network of parks and greenways that preserves and protects the region's natural resources. Metro Parks does not discriminate on basis of age, race, color, National origin, religion, or disability in admission to or operation of its programs, services or activities.</p> 	<p>(\$) Fitness Center & <u>Indoor Track</u> 6:00am-8:15pm</p> <p>Adult Open Gym (18+) 6:00am-9:00am</p> <p>DisABILITIES Program 9:00am-3:00pm *Registration Required*</p> <p>Senior Body Pump & Line Dance W/ Felissa 10:00am-11:00am</p> <p>Teen Open Gym 2:30pm-4:30pm</p> <p>After-school program 3:00pm-6:00pm GYMNASIUM CLOSED *Registration Required*</p> <p>Step Team 5:30pm-7:30pm</p> <p>Cheer Practice 5:30pm-6:30pm</p> <p>Jr. NBA Practice 6:00pm-8:00pm</p>	<p>(\$) Fitness Center & <u>Indoor Track</u> 6:00am-8:15pm</p> <p>Adult Open Gym (18+) 6:00am-9:00am</p> <p>Pickleball 9:00am-12:00pm</p> <p>Teen Open Gym 2:30pm-4:30pm</p> <p>After-School Program 3:00pm-6:00pm GYMNASIUM CLOSED *Registration Required</p> <p>Praise Dance (Ages 6-14) 6:00pm-7:00pm</p> <p>Cub scouts *1st & 3rd Tuesday* 5:00pm-6:00pm</p> <p>Step Team 5:30pm-7:30pm</p> <p>Jr. NBA Practice 6:00pm-8:00pm</p> <p> Instagram: @madison_community_center FB: Madison Regional Center www.Nashville.gov</p>	<p>(\$) Fitness Center & <u>Indoor Track</u> 6:00am-8:15pm</p> <p>Adult Open Gym (18+) 6:00am-9:00am</p> <p>DisABILITIES Program 9:00am-3:00pm *Registration Required*</p> <p>Senior Body Pump & Line Dance W/ Felissa 10:00am-11:00am</p> <p>Tot Time W/ Mr. Chris 10:30am-11:30am</p> <p>Teen Open Gym 2:30pm-4:30pm</p> <p>After-School Program 3:00pm-6:00pm</p> <p>Girl Scouts *Every other Wednesday* 5:00pm-6:00pm</p> <p>Gyrokinesis 6:00pm-7:00pm</p> <p>Pickleball 6:30pm-8:00pm</p>	<p>(\$) Fitness Center & <u>Indoor Track</u> 6:00am-8:15pm</p> <p>Adult Open Gym (18+) 6:00am-9:00am</p> <p>Pickleball 9:00am-12:00pm</p> <p>Teen Open Gym 2:30pm-4:30pm</p> <p>After-School Program 3:00pm-6:00pm GYMNASIUM CLOSED *Registration Required</p> <p>Cheerleading Practice 5:00pm-6:00pm</p> <p>MCC News 5:00pm-6:00pm</p> <p>Step Team 5:30pm-7:30pm</p> <p>Cheer Practice 5:30pm-7:00pm</p> <p>Jr NBA Practice 6:00pm-8:00pm</p>	<p>(\$) Fitness Center & <u>Indoor Track</u> 6:00am-7:15pm</p> <p>Adult Open Gym (18+) 6:00am-9:00am</p> <p>Badminton 6:00am-9:00am</p> <p>Teen Open Gym 2:30pm-4:30pm</p> <p>After-school program 3:00pm-6:00pm GYMNASIUM CLOSED *Registration Required*</p> <p>Family Open Gym *Families w/ Children Ages 14 & Under* 6:00pm-7:15pm</p> <p>Paper Free schedule</p> 	<p>(\$) Fitness Center & <u>Indoor Track</u> 8:00am-3:45pm</p> <p>Pickleball 8:00am-12:30pm</p> <p>Zumba W/ Janet 8:15am-9:15am (\$4)</p> <p>Family Open Gym *Families w/ Children Ages 14 & Under* 12:30pm-3:45pm</p> <p>Family Activities 8:00am-12:30pm *Clubrooms*</p> <p>Membership Fees: Daily Pass Adult \$3.00 Discounted Rate \$1.50 10 Visit Fitness Pass Adult \$20.00 Discounted Rate \$10.00 <i>(Fitness classes NOT included)</i> Monthly Pass Adult \$30.00 Discounted Rate \$20.00 <i>(Fitness classes NOT included)</i> Fitness Class \$4.00 10 Pass Fitness Class Card \$40.00</p> <p>Discounts applies to: Teens 13-17, Senior 62+, Metro Employees, Military Personnel, Disabled, and College Students *Must Present Valid I.D.*</p>

Schedule Is Subject To Change Without Notice

We are available for parties, meetings, dinner, reunions, and more. For information on reserving space, stop by or contact us (615)862-8459.